




OCTOBER 2024

Ethel Reed Elementary

We are Offer vs Serve.
We are required to offer 5 components for Lunch. Students need to take at least 3 of the 5.
Milk, Grain, Meat, Veg, Fruit

Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast: 1 Tornado & Toast or Cereal & Toast, Fruit Lunch: Spaghetti & Bread Stick Veg & Fruit	Breakfast: 2 Donut or Cereal & Toast, Fruit Lunch: Chicken Nugget Dinner	Breakfast: 3 Omelet & Toast or Cereal & Toast, Fruit Lunch: Chicken Sandwich & Chips Veg & Fruit, Cookie	Breakfast: 4 Muffins & Cheese stick or Cereal & Toast, Fruit Lunch: Cowboy Stew & Cornbread Veg & Fruit
Breakfast: 7 Pizza or Cereal & Toast, Fruit Lunch: Popcorn Chicken & FF Veg & Fruit	Breakfast: 8 Waffle Sticks or Cereal & Toast, Fruit Lunch Chosen by the 1st Grade classes	Breakfast: 9 Chicken Biscuit or Cereal & Toast, Fruit Lunch: BBQ Rib Sandwich & Chips Veg & Fruit	Breakfast: 10 Oatmeal or Cereal & Toast, Fruit Lunch: Steak Finger dinner	Breakfast: 11 Pancake on a Stick or Cereal & Toast, Fruit Lunch: Grilled Cheese & Soup Veg & Fruit
Breakfast: 14 Pancakes & Sausage or Cereal & Toast, Fruit Lunch: Steak Sandwich & Chips Veg & Fruit, Brownie	Breakfast: 15 Biscuit Sandwich or Cereal & Toast, Fruit Lunch: Salisbury Steak Dinner	Breakfast: 16 French toast Sticks or Cereal & Toast, Fruit Lunch: Corn Dogs & Tots Veg & Fruit	Fall Break 17 	Enjoy the days off 18
See you Tomorrow 21 	Breakfast: 22 Tornado & Toast or Cereal & Toast, Fruit Lunch: Chicken & Noodles, Breadstick Veg & Fruit	Breakfast: 23 Donut or Cereal & Toast, Fruit Lunch: Mac & Cheese & Chick Nuggets Veg & Fruit	Breakfast: 24 Omelet & Toast or Cereal & Toast, Fruit Lunch: Taco Salad & Rice Veg & Fruit, Pudding	Breakfast: 25 Muffins & Cheese stick or Cereal & Toast, Fruit Lunch: Popcorn Chicken & FF Veg & Fruit
Breakfast: 28 Pizza or Cereal & Toast, Fruit Lunch: Pizza Stick Veg & Fruit	Breakfast: 29 Waffle Sticks or Cereal & Toast, Fruit Lunch: Baked Ziti & Garlic Bread Veg & Fruit	Breakfast: 30 Chicken Biscuit or Cereal & Toast, Fruit Lunch: Chicken Sandwich & Chips Veg & Fruit	Breakfast: 31 Oatmeal or Cereal & Toast, Fruit Lunch: Hot Dog & FF Veg & Fruit, Fruit Cup Dessert	

This Institution is and equal opportunity employer.